

CALL FOR 1.75 WORKSHOP PRESENTATION PROPOSALS

12th Annual International Energy Psychology Conference (EPC-I 2010) *“Evolving Tools For Healing Mind, Body and Spirit.”* San Diego, CA.

Sponsored by the Association for Comprehensive Energy Psychology (ACEP)

Main Conference: Thursday evening, June 3 to Sunday, June 6, 2010

Pre- Conference Workshops: Thursday June 3, 2010

Post Conference Certification Course: June 7 to Wednesday, June 10, 2010

Loews Coronado Hotel
4000 Coronado Bay Rd
Coronado, CA 92118-3290
USA

+1 (619) 424-4000

(Coronado Island is 10-15 minutes from downtown San Diego)

REQUEST FOR PROPOSALS

Potential speakers are invited to submit proposals to present **1 hour and 45 minute workshops** at the 12th International Annual Energy Psychology Conference being conducted at the Lowes Coranado Hotel in San Diego from June 3-6, 2010. There is room for a maximum of 48 breakout sessions organized in eight tracks over the course of the three –day conference.

Proposal Submissions begins August 13, 2009. Proposals must be submitted by **Monday, September 22, 2009** There will be no extensions to this deadline.

In addition to many of the outstanding presenters from previous conferences, we are expanding our roster of faculty by inviting new talent, influential in fields related to international energy psychology. This conference continues to provide an unparalleled chance to network, build connections and share your discoveries, innovations and wisdom with colleagues from around the world.

Conference Goals:

- To more fully define, establish and promote the evolving discipline of energy psychology through theory, application, innovation, ethical use, and research.
- To keep participants at the forefront of the latest developments in energy psychology, including the theory and research basis for the discipline of energy psychology.
- To deepen participants' understanding of energy psychology as a developing complementary modality within the mind/body interaction framework.
- To explore specific means of addressing emotional/psychological distress, as well as peak functioning, by using a range of energy-oriented approaches.
- To continue the conference's tradition of meeting these goals in an atmosphere of collegiality, collaboration, compassion, and fun.

CRITERIA FOR SELECTION

Each proposal must directly relate to the field of energy psychology and will be selected by ACEP's Education Committee. Proposals will be selected on the following basis:

1. Relevance to the goals of the conference.
2. Relevance to a multidisciplinary audience.
3. Relevance to an international audience.
4. Originality and innovation
5. Completeness of the proposal application.
6. Organization and clarity.
7. Appropriateness for the skill-level indicated.
8. Membership participation in ACEP. Preference is given to ACEP members.

Important Information:

- All breakout sessions are one hour and 45 minutes in length and MUST directly relate to the field of energy psychology.
- All presentations must reflect the original work of the speakers.
- All proposals must be submitted electronically via www.acep-proposals.com
- New presenters may be required to submit two letters of reference attesting to their ability to present.

Prior to drafting a proposal, writers are strongly urged to visit the ACEP website www.acep-proposals.com and download an article written by David Gruder, PhD on drafting successful proposals. To be in compliance with continuing education licensing boards, it is also critical to download and read the article written by Dr. Gruder, titled *"MCEP Approval Success Secrets."* ACEP is a nationally approved continuing education provider in the USA for NBCC, ASWB, NAADAC, BSS, NCCAOM, and BRN.

1.75 HOUR WORKSHOP PROPOSAL REQUIREMENTS

Proposals are invited on a wide range of topics that address one or more of the stated conference goals. Our overall goal is to more fully define, establish and promote the evolving discipline of energy psychology through theory, application, innovation, ethical use, and research.

Item I. Cover Page

Presentation Title: Description that is engaging, and as brief as possible.

Workshop Track: I. See below for more detail Tracks are: Fundamentals of EP , Specific Populations, Specific Approaches, EP through the Life Cycle, Integrated Approaches to Energy Psychology, Spirituality / Consciousness, Developing the Practitioner Energy Psychology and Culture.

Audience Skill Level Pre-requisite: Fundamental, intermediate/advanced, all (see below for details)

Presentation Methods: Lecture (didactic), demonstration, case study, group interaction, discussion, experiential, video, etc.

Audio-visual Requests: An LCD projector, and one microphone per presenter is standard, with further options of stools and an extra microphone for demonstrations. Please specify beyond this, knowing that presenters are required to foot the cost of any additional AV requests beyond those mentioned.

Presenter(s) Biographical Summaries: Each author's full name, title, academic degree, professional licenses, certifications, and affiliation; in addition, please indicate whether or not each presenter is an ACEP member. The length of biographical summaries for each presenter is 45 words maximum for the marketing brochure, and 150 words maximum for the conference program manual.

Contact Information: Complete mailing address, daytime and evening telephone numbers, fax number, email and any website information for each presenter. Please indicate which person is the primary contact.

Item II. Narrative and Outline of Presentation

Publicity Description: Provide a concise and engaging 45-word description of the session (*subject to editing*) as it would appear in brochure if selected.

Abstract: Provide a dry, professionally worded technical description of your workshop, to be used for CE documentation purposes only, NOT for publicity.

Introduction: State the purpose and rationale for the presentation. This is a nutshell summary of what will be presented and how this is relevant to one or more of the conference goals.

Objectives: State two or three objectives in measurable, behavioral terms for continuing education purposes. (*Example: "Upon completion of this session the participant will be able to: 1) Name three aspects of the human electromagnetic system; etc."*) Please note, these must be behavioral objectives with measurable outcomes (*Terms such as "understand", "be familiar with", "learn", and "appreciate" are NOT measurable objectives.*)

Presentation Content Outline: An outline is a Roman numeral or bulleted skeleton of what will be covered and how much time is planned to present each section. (*Example: I. Define Energy Psychology; II. Identifying Psychological Reversals; II A. Global Reversals; II B. Issue-Specific Reversals, etc. –25 minute increments*) Total time should add up to 1.75 hours (105 minutes).

Evaluation: Develop one question related to each objective that can be used to test what the learners have achieved. (*Example: "Three aspects of the human electromagnetic system are 1) _____ 2) _____ 3) _____."*)

Bibliography of relevant books or articles that pertain to this presentation, in format of Turabian's "**A Manual for Writers of Term Papers, Theses, and Dissertations**" or related American Psychological Association format.

Item 3. Resumes or CV & Photo

Submit a complete resume or curriculum vitae in word document format as well as a headshot photo for each speaker.

ONLINE SUBMISSION INFORMATION

1) The official website www.ACEP-proposals.com begins taking submissions August 13, 2009.

2) The deadline for submitting proposals is **Monday, September 22, 2009**. Once a proposal is submitted, the primary speaker will receive an e-mail acknowledgement; if no confirmation is received within 48 hours, please contact education_director@energypsych.org.

3) Even though you are electronically submitting your proposal, make a hard copy of in a word document and keep that on your hard drive as a back up.

4) Also, please download a hardcopy of this call for proposals with clarifying information. Presenters must have an e-mail address to facilitate the proposal process and all conference related communications. Accepted proposals will be confirmed by email.

BENEFITS OF PRESENTING AT CONFERENCE

- Presenters' names and description of their work are circulated to tens of thousands worldwide.
- Presenters are honored guests at a special faculty welcome reception.
- Presenters may sell their books at the ACEP professionally run conference bookstore.
- Presenters will receive a complimentary professional audiotape of their presentations.
- The most popular and highly rated conference presenters will be considered for invitations to facilitate future pre-conference workshops.
- Most importantly, presenters share their knowledge with a highly skilled, influential group and play a significant part in the advancement of the dynamic, expanding field of energy psychology.

Speakers may also bring brochures or other announcements of their own workshops or other products to display at the back of the room during breakout sessions. Many previous presenters have successfully marketed enrollment in their training programs through conference contacts. Although presenters are not allowed to sell products or training courses during sessions, ACEP is happy to support this in other professionally appropriate ways.

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ACEP is recognized by the US Internal Revenue Service as a non-profit 501(c)(3) organization and publicly supported foundation (Tax ID 33-0832999). Proceeds from the annual international energy psychology conference help to underwrite ACEP's program initiatives such as:

- Supporting much-needed empirical research.
- Providing humanitarian aid to alleviate suffering in the world through energy psychology training and/or therapy gratis or at low cost.
- Maintaining a website with educational and program resources.
- Expanding continuing education opportunities.
- Promoting professional credibility through developing and raising standards for the practice of energy psychology methods.
- Educating licensing bodies about the responsible uses of energy psychology modalities.

**In this context, it is important to be aware that conference workshop presenters do not receive an honorarium.**

The Association for Comprehensive Energy Psychology (ACEP), which was founded in 1998, is an international non-profit organization that promotes collaboration among energy psychology practitioners and researchers, and enhances this field's credibility with consumers and professionals. Energy psychology is a rapidly developing field within mind/body psychology that explicitly, directly and methodically treats the human vibrational matrix. This matrix includes the biofield that envelops the body, the energy centers (chakras), and the energy pathways (meridians and related acupoints) as well as a number of other interrelated energy systems.

Energy psychology treatments are increasingly used to alleviate psycho-spiritual or mind-body distress, and promote high-level psycho-spiritual or mind-body functioning.

***Thank you for choosing to be at the forefront of the expanding field of energy psychology by participating in this 12<sup>th</sup> anniversary conference and by choosing to be a member of ACEP.*** Please encourage your colleagues to attend the conference and support ACEP's programs.

For more information, contact ACEP at:

**Web Site:** <http://www.energypsych.org>

**E-mail:** [acep@energypsych.org](mailto:acep@energypsych.org)

**Phone:** 1-619-861-2237

**Fax:** 1-484-418-1019

ACEP Education Chair: Carole Stern, MS, RNC, D CEP, [education\\_director@energypsych.org](mailto:education_director@energypsych.org)

ACEP Annual Conference Chair: Robert Schwarz, PsyD, D CEP,

[conference\\_director@energypsych.org](mailto:conference_director@energypsych.org)

ACEP Executive Director: Robert Schwarz, PsyD, D CEP, [acep\\_ed@energypsych.org](mailto:acep_ed@energypsych.org)

ACEP Conference Manager, Lois Miller, CAE

ACEP President: Greg Nicosia , PhD, D CEP, [president@energypsych.org](mailto:president@energypsych.org)

### Changes for 2010

## Very Important -Please Read Carefully (REALLY)

The 2010 conference will be organized into 8 tracks of 6 workshops each (2 per day). The descriptions of the tracks are below. On the form on the web site you will be asked to categorize your workshop according to the new track system. We realize that many proposals will be appropriate for more than one track, so you are free to select up to three tracks for which your proposal is relevant. Please be aware that except for the basic track we are assuming that the other tracks are at the intermediate to advanced levels.

### **NEW for 2010: We are reinstating the importance of labeling the workshop as ALL or Intermediate/Advanced**

**Fundamentals:** these are workshops that are suited for the fundamentals track. They are specifically geared to the novice.

**ALL=** a workshop that presupposes only a basic knowledge of EP. This would be a workshop that either does not require a great deal of EP knowledge or is in an area of EP that is a bit different. An example might be: an introduction to the 5 element theory and its application to meridian tapping approaches. Or an example might be a workshop on the use of EFT with eating disorders. An ALL workshop might teach the basic EFT recipe or the choices technique as well as the specific application to the issues presented with eating disorders

**Intermediate/Advanced:** a workshop that presupposes considerable knowledge of either EP or the specific content of the workshop. An example might be a workshop on the use of EFT with eating disorders. An intermediate/advanced workshop would not teach the basic EFT recipe or even some of the intermediate skills such as the choices technique. It would presuppose that the attendee knows this information and would focus more on the specific application to the issues presented with eating disorders.

## Designated Tracks:

- I. **Fundamentals of EP Track:** This track provides basic training in the principles and practice of EP (same as in previous years)
  - II. **Specific Populations** This track focuses on specific types of problems (examples: pain, trauma, Installing positive beliefs, using EP in business settings) but not necessarily one energy specific approach. This track will be used more for proposals that use more than one energetic approach.
  - III. **Specific Approaches:** Focuses on the theory or application of specific EP approaches. This track would be picked for a workshop that focuses only on one approach (examples: EFT for anxiety reduction, TFT for trauma, Seemorg matrix for OCD, Using AFT to Work with Oppositional Defiance ). ...Some of you reading this are going to be thinking, “ but my workshop fits into both of these tracks. Or I can’t decide which track to put it in.” Remember reality is only a construct. That is why you can pick up to three tracks to check off. So do not get too tense about it. Assume the TAT position and take a breath until you are relaxed. It will all work out.
  - IV. **Integrated Approaches to Energy Psychology:** Integrates different EP approaches with each other as well as other therapeutic approaches (examples: EP and EMDR, EP and Hypnosis, Strategies to integrate EFT with TAT. Research based workshops now belong in this track. We are very interested in research results, or ideas about research or how research fits with clinical practice.
- NB: In the past we have stated that all workshops MUST relate to Energy Psychology. This year there will be some flexibility in the following 3 tracks. The goal is to create some cross-fertilization of fields. Only a few workshops will be allowed in this area. Presenters must link the main issue being discussed back to EP in some manner. (The better you do it the better the chances of being accepted)
- V. **Spirituality / Consciousness:** Centers less around EP specific technique and more around general principles of the energetic role of consciousness and spiritual practice. Workshops on meditative practices would also belong in this track. (For instance, a workshop on the practice of Buddhist meditation practice of Tonglen is a workshop that we would welcome. It would be helpful for such a workshop to spend some time discussing how an EP practitioner could integrate this technique into his or her practice.)
  - VI. **Developing the Practitioner:** This track focuses on developing the self of the therapist/healer. Workshops on ethics, boundaries, intuition, sharpening general clinical skills, developing the person of the therapist belong here. Workshops on developing the business of the practitioner would go here as well.
  - VII. **EP Through the Life Cycle:** This track covers children and adolescents, child birth, family and marriage issues, transitions, coping with illness, end of life issues and other issues through the life cycle.
  - VIII. **Energy Psychology & Culture:** This is a new track that is dedicated to looking at EP through a diversity of cultures. Examples of appropriate areas include: Using or marketing EP to younger generations, EP in schools, Cultural & International differences in applying EP, EP for dealing with racism, EP in a new healthcare environment, depiction of EP/EM/CAM in the media.

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Here are specific workshops we would like to see:

(feel free to contact us to see if anyone else has submitted in this area)

EP with Eating Disorders

EP with Executives

What every clinician really needs to know about research design

EP with Panic Disorder.

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CE regulations require that a presenter have at least a Masters degree for a course to be given CE credit. If you do not have a master’s degree, consider getting a co-presenter who does. The only other alternative is that your course if accepted will not be offered for CE credit.

Finally, we are considering creating a special session on Thursday for Research/scientific papers. If you are interested in this please contact Robert Schwarz at [acep\\_ed@energypsych.org](mailto:acep_ed@energypsych.org)